

Jesus' Church

Kids' group study

Lesson 5: The Bread

this book belongs to

date

Note to Families and Teachers:

Read through the book completely to enjoy the rhyme and get an understanding of the overall concepts. Then go back as time allows to revisit the concepts on each page. Choose which questions are most appropriate for the age children with whom you are reading.

Use this QR code to access supplemental content, like video and songs.



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"I will build my church," said Jesus Christ, the Son of the Living God.

Matthew 16:18

Let's go on a journey to Old Testament history, to learn of something long ago that symbolizes Me.

This will help you understand what I want you to do, and help you to remember Me and what I did for you.

1 Corinthians 11:25



A symbol is something that stands for something else. For example, the American flag is a symbol for our country. The big M is a symbol for Mc Donalds.

The Old Testament contains God's word from creation until before Jesus came to Earth. Many parts of the Old Testament tell about what Jesus will do or symbolize Jesus' work of saving us.

Basic question:

What will reading the Old Testament help us understand?

Video - Old & New Testaments (access using QR code at front of book)

Long, long ago, when the Israelites were slaves,
they cried and prayed and called to Me, the one true God who saves.
Exodus 2:23-25

So I sent plagues on Egypt, so that Pharaoh would know,
My judgments and My power made him let My people go!
Exodus 7:5



A plague is something that is widespread and destroys or harms people.
God sent animal plagues: grasshoppers, frogs, and gnats,
plagues of nature: bloody water and hail,
plagues of disease: boils (sores on the skin)

Basic questions:

What is a slave?

Read Exodus 1:13-14, 2:23-25

Why did God's people cry to him?

Advanced question:

What was God judging Egypt for?

Video: God's Story – Passover
(access using QR code at
front of book)

Last was the death of all of Egypt's very firstborn sons.
But the angel would pass over homes protected by the blood.

Exodus 12:13

The blood of lambs, the Israelites had put on their front door,
is like My blood that saves from death, and that's what I died for.

Exodus 12:21-28

Each spotless lamb of Passover was eaten fast you see,
Because that night, from slavery, My people would be free.

Exodus 12:8



Basic questions:

Watch the video about the Passover (see pg. 2)

Why did God send an angel of death to kill the first born sons of the Egyptians?

What did God tell his people to do so that the judgment didn't happen to them?

What happened after the Egyptians sons died?

Advanced question:

Read Hebrews 9:22

Why did God tell His people that they needed to sacrifice a lamb?

Every year I wanted them to eat this covenant meal
to remember I "passed over" them and the freedom they did feel.
Numbers 9:2-3

Every year on Passover they ate the meal again,
but still they needed to be free from the slavery of sin.
John 8:34; Romans 6:17



Covenant meal: bread and wine eaten together as a symbol of partnership.
God made a covenant with His people to take care of them.

Basic questions:

How many people in a small group meeting can be used to build?
What are two gifts of the Holy Spirit that help people build?

Advanced question:

Read Matthew 17:27

Why was the message of wisdom Jesus gave a supernatural message?

Read John 4:17-18

How did Jesus' word of knowledge affect the woman who heard it?

On one special Passover, we ate the meal and then
I told My friends My death would bring deliverance from sin.

Luke 22:14–20

Though animal blood could never really pay the sins of any,
My perfect human blood would bring forgiveness to so many.

Hebrews 10:4; Matthew 6:2; 2 Corinthians 5:21

I want My people to break bread, regardless in what nation,
to remember that My body paid for healing and restoration.

Isaiah 53:5



Basic questions:

Deliverance means to be freed from something bad

What did Jesus' death deliver us from?

Restoration means to return things to how they were supposed to be.

Read: 2 Corinthians 5:21

What was restored through Jesus' death and resurrection?

Whose blood brings complete forgiveness for all who believe?

Advanced Questions:

Why do people in many nations now celebrate this meal and not just the people of Israel?

Video: Jesus & Passover

Song: Jesus the Lamb of God (access using QR code at front of book)

So what's the name of this new meal that's to remember Me?
"Breaking bread," "Communion" or "the Lord's Supper," you see.

1 Corinthians 10:16

My Church also eats normal meals, sharing with one another,
because every believer in the home is a sister or a brother.

Acts 2:46

So now please often celebrate My meal with cup and bread,
the symbols of My broken body and the blood I shed.

1 Corinthians 11:25; Matthew 26:26–28



Basic questions:

What do people call this special meal
to remember what Jesus did for us?

Why is it so important to keep
remind ourselves about Jesus
suffering and dying for us?

How are all who trust in Jesus
sisters and brothers?

Advanced question:

Read 1 Corinthians 10:16–17

What does communion mean?

Video: What is Communion?
(access using the QR code in
the front of the book)

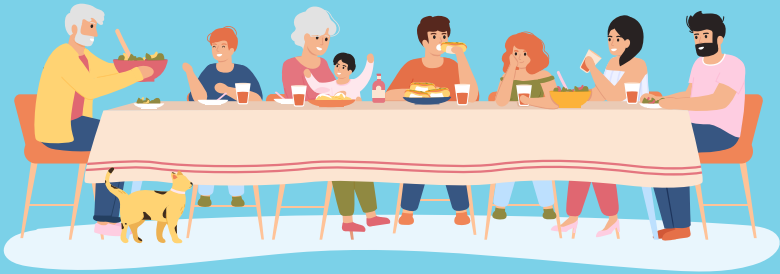
Wouldn't you love to have been in one of the homes of the Acts 2 church when they broke bread? You may have experienced something like this: The home was much smaller than you expected but well organized. The older kids were straightening up a bit, and the mom was preparing something to eat, and it smelled so good. She was singing a little chorus as she worked, and the words sounded exactly like Psalm 23, "He prepares a table before me ... He anoints My head ... my cup overflows." And you keep noticing her adding the word Yeshua (Yeh - shoo - ah) here and there, the Hebrew pronunciation of Jesus. She didn't seem to be preparing anything fancy, just a meal for the family.



Then other people began to arrive, and the voices got loud with greetings and laughter. They also had food dishes and were setting them on the table as if they'd done it a thousand times. You notice that one lady who walked in had a strap missing on one of her sandals, making it difficult to walk in them, but she had a big smile on her face and had also brought a dish of food. There were now several conversations going on at once; the ladies were talking near the oven about someone who'd been healed that day. The men were by the table discussing a co-worker that had been baptized that morning. And the kids were listening to one of the young men tell how another believing family sold one of their milk goats and brought the money to his father so he could replace a tool that had broken.



Then, just before sitting down to eat, a man walked in who spoke a different language. He obviously had a hard-labor job because he looked exhausted and was still quite dusty. Immediately the father of the house embraced him and asked him to sit down. Then kneeling down in front of him, he removed the man's sandals and washed his feet. There wasn't enough room at the table for everyone, so the children and a couple of younger adults sat on the floor but close by. Then, after thanking God, everyone began passing the food to one another and resuming their conversations. They talked about stories the apostles told about Jesus, how they needed to pray for rain to come for the farmers, about the food they were eating, and how someone made their meal with a different spice than normal. But no one complained. Instead, they only spoke encouraging words to each other.



And then, at a certain point, you see the father of the house uncover the breadbasket and pull out what looked like a large pita that had been placed at the bottom of the basket. Without the man saying a word, the others noticed, and the conversation soon descended into silence as they watched the man with the bread.

When everyone had given him their attention, including the kids, he said, "Let's prepare to receive the Lord's Supper." And that's when you notice everyone humbling themselves before God and praying. Then the man lifted his eyes toward the ceiling and blessed the bread. And looking around the room, he said, "On the night He was betrayed, Jesus took bread and said, 'This is My body which is broken for you.'" The man had no script, but he clearly understood what he was saying.



Then as everyone watched, he began to break off pieces of the bread and hand one to each person saying every time, "the body of our Lord Jesus." Then at a certain point, he looks at you, hands you a piece of bread, and says, "the body of our Lord Jesus." When everyone was served, they begin to eat and share, one by one, how thankful they are for Jesus, for the Holy Spirit, and for one another, the body of Christ.

As you chew the bread and begin to swallow it, you realize that Jesus' body really was broken for you, and that you really are a part of Him. And then you have another thought. The body of Jesus is sitting all around you in the form of these humble people. When everyone had shared, the same man lifted up a cup he had just filled and blessed it. Then looking around, he said, "Jesus said, 'This is My blood that was poured out for many for the forgiveness of sins, and it's the new covenant sworn in My blood.'" Then he looked directly at you and passed the cup to you saying, "the blood of our Lord Jesus."

One thought after another races through your mind ... first, of the sins you've committed, then of Jesus being punished for them, and then how much Jesus must want you to be forgiven and free from guilt. So you drink what represents the blood, but as you feel it flowing down your throat, you imagine how Jesus' real blood washes and completely cleans your heart.



Then you hand the cup to the person to your right and say, "The blood of our Lord Jesus." The room is now being filled with praises to Father God and to the Lord Jesus. People are thanking Him for forgiveness, mercy, healing, provision, protection, restoration, and His steadfast love.

And then, while the cup was still being passed, the lady who had the broken sandals lifts her hands and begins to sing words from Psalm 118, "Oh, give thanks to the Lord, for He is good! For His mercy endures forever. Let Israel now say, 'His mercy endures forever ... Let those who fear the Lord now say, His mercy endures forever. I called on the Lord in distress; The Lord answered me ... The Lord is on my side; I will not fear.'" As soon as she started singing, others began to join in, lifting their hands and singing with joy. After singing it a couple of times, they begin to pray.



They pray for believers they knew who were now in prison for proclaiming Jesus, and for their families. They pray for the apostles. They pray for their own families. They pray for new disciples, they pray for rain, and then they pray and prophesy over one another, and then over you. It was clear that no one was trying to look good but rather to pray and speak the things that the Holy Spirit gave them. And that's when you realize more than ever before how Jesus had surrounded you with Himself, His own body, and how He was strengthening you—and everyone—by the Holy Spirit's power through His body.

Soon it was time to go, and one by one, they embraced each other as they walked out and spoke blessings to each other like, "The grace of God be with you," and "May the Lord strengthen you" or "give you rest." And then the mother of the family said, "Oh wait," and she quickly walked to the only other room in the house and shortly came back with a used pair of sandals, in good condition, which she gave to the lady who sang. The two embraced silently for a brief moment, and then smiling at each other with tears, the woman nodded and left without saying a word.



And that's when you think, how could this happen? There is no stage, no sound system, no lights, no screens, no church building, and no professional church leaders, and yet you may have just experienced the most meaningful church gathering of your life.

Then down in your heart, you hear the Holy Spirit say, "Welcome to Jesus' Church!"

Week 5

Day 1 | My daily scripture and prayer

Read: 1 Corinthians 11:23–26

Write: Considering the lesson on the breaking of bread do you see this passage differently? If so, what are the most significant insights?

Pray: Submit yourself to God today as a member of Jesus' Church, and ask Him to use you to minister to people.

Day 2 | My daily scripture and prayer

Read: Acts 2:42

Write: What does it mean to you, to be devoted to “the breaking of bread”?

Pray: Submit yourself to God today as a member of Jesus' Church, and ask Him to use you to minister to people.

Day 3 | My daily scripture and prayer

Read: 1 Corinthians 11:17–22

Write: What were the Corinthians doing wrong? What were the root causes?

Pray: Submit yourself to God today as a member of Jesus' Church, and ask Him to use you to minister to people.

Day 4 | My daily scripture and prayer

Read: 1 Corinthians 11:27–35

Write: How can you examine and judge yourself (verses 28 and 31)?

How often should you do that?

Pray: Submit yourself to God today as a member of Jesus' Church, and ask Him to use you to minister to people.

Day 5 | My daily scripture and prayer

Read: Isaiah 53:3–7

Write: What purposes of Jesus' sacrifice does this prophecy reveal?

How can we receive them by faith when receiving Communion?

Pray: Submit yourself to God today as a member of Jesus' Church, and ask Him to use you to minister to people.

Day 6 | My daily scripture and prayer

Read: Exodus 12:7–13

Write: What similarities do you see between the original “pass-over” and the Lord's Supper?

Pray: Submit yourself to God today as a member of Jesus' Church, and ask Him to use you to minister to people.

Day 7 | My daily scripture and prayer

Read: 2 Corinthians 5:14–17

Write: How does this passage teach us to view and regard ourselves and others who are “in Christ” because of Jesus' sacrifice?

Pray: Submit yourself to God today as a member of Jesus' Church, and ask Him to use you to minister to people.



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