

2026

SOLID LIFE

READING PLANS

*Plus, discover the power
of journaling as you read!*

GETTING STARTED

DISCOVER THE SOLID LIFE READING PLANS

Dear Bible Reader,

The Solid Life Reading Plans were developed to help you get the most from your Bible reading. The design and integration of three Bible Reading Plans include many benefits, especially for those who choose the Whole Bible Plan, or the One–Two Plan. Here's why it's so effective:

Fellowship of Reading Together

All three of the Solid Life reading plans read the same New Testament (NT) chapter each day. No matter which plan people choose, everyone in the group or church will read the same NT chapter each day—all year long.

Chronology

The reading sequence of the Old Testament (OT) is intentionally placed in near chronological order to help you better understand the history of God's relationship with mankind and the contexts of OT events. The NT plan begins with Luke and Acts, which chronologically cover the first (roughly) 60 years of NT history, including the whole life of Jesus, and about 30 years of the early church.

- **Job**—To help you understand the book of Job, you will read in its widely–believed chronological context, which was before the Abrahamic Covenant (Genesis 12). Understanding that Job did not have a covenant with God will help you avoid the common misperception that God sovereignly overruled His own covenant or promises in His treatment of Job; and that He may do the same with us. And now—through Jesus—we have an even “better covenant established on better promises” (Hebrews 8:6). So we should be confident in God's Word, because “God, who cannot lie, promised...” (Titus 1:2).
- **Psalms**—Psalms related to OT events are read on the same day as their corresponding events.

- **Ecclesiastes**—The downfall of Solomon is read before Ecclesiastes to help you understand his change of heart and attitude in this book.
- **Prophets**—You will read the prophetic books along with their contemporary historical books, such as the Kings, the Chronicles, Ezra and Nehemiah, to give you the context for the prophecies.

Critical New Testament Books

We scheduled time to read critical NT books such as John, Romans and Ephesians a second time.

Redemption from the Curse of the Law

Galatians 3 is read the same day as Deuteronomy 28 to increase the reader's understanding of exactly what Jesus redeemed us from and what blessing(s) we receive through Him.

Proverbs

Proverbs is the ultimate book of God's wisdom; there is none like it in the world. And now, you can "Add a Proverb a Day" to any of our 3 reading plans to enhance your time in God's Word.

There are many benefits to these plans, but to get the most out of your Solid Life Bible Reading Plans, we encourage you to visit our website **solidlives.com**. There, you can partner with others to begin or continue your discipleship journey through a discipleship group or house church.

May you hear God's voice as you read,

Jerry Dirmann

Founder, Jesus Disciple

Creator of the Jesus Disciple Reading Plans

THE SOLID LIFE READING PLANS

CHOOSING A READING PLAN

From the following pages, choose a reading plan. If you're reading with your church or a friend, note that all of these plans will read the same New Testament chapter each day:

1. The **New Testament Plan** will take you through approximately 1 chapter per day. This plan is perfect for beginners or extra busy people. Not only will you complete the entire New Testament (NT) in a year, you also read a few important books twice.
2. The **Whole Bible Reading Plan** averages 3 chapters per day. With this plan you will read through the whole Bible in a year. Reading both the Old and New Testaments together will give you a much deeper understanding of God's love and plan of salvation.
3. The **One-Two Reading Plan** averages 4 chapters per day. You will complete the Solid Life Whole Bible Reading Plan, and with some additional New Testament chapters, you will read the whole Bible in a year, and the New Testament a second time.
4. The **Proverb a Day Plan** includes one chapter each day (corresponding to the date) from the book of Proverbs—the ultimate book of God's wisdom. Use this plan in addition to any of the Solid Life reading plans to walk through Proverbs nearly 12 times in the year.

You can find all of these Solid Life reading plans at **SolidLives.com**, follow along with the Whole Bible reading plan using the free YouVersion Bible App on your smartphone or tablet, or read as a part of your discipleship journey at **JesusDisciple.com**.

Find out how to use these plans and journal at the back of this booklet on page 17.

ONE-TWO PLAN

WHOLE BIBLE PLAN

NEW TESTAMENT

ADD A PROVERB A DAY

1	☐ Luke 1	☐ Gen 1	☐ Jude	☐ Prov 1
2	☐ Luke 2	☐ Gen 2-3	☐ Rev 1	☐ Prov 2
3	☐ Luke 3	☐ Gen 4-5	☐ Rev 2	☐ Prov 3
4	☐ Luke 4	☐ Gen 6-8		☐ Prov 4
5	☐ Luke 5	☐ Gen 9-10	☐ Rev 3	☐ Prov 5
6	☐ Luke 6	☐ Job 1-2	☐ Rev 4	☐ Prov 6
7	☐ Luke 7	☐ Job 3-4	☐ Rev 5	☐ Prov 7
8	☐ Luke 8	☐ Job 5-6		☐ Prov 8
9	☐ Luke 9	☐ Job 7-8		☐ Prov 9
10	☐ Luke 10	☐ Job 9-10	☐ Rev 6	☐ Prov 10
11	☐ Luke 11	☐ Job 11-12	☐ Rev 7	☐ Prov 11
12	☐ Luke 12	☐ Job 13-14		☐ Prov 12
13	☐ Luke 13	☐ Job 15-16	☐ Rev 8	☐ Prov 13
14	☐ Luke 14	☐ Job 17-19	☐ Rev 9	☐ Prov 14
15	☐ Luke 15	☐ Job 20-21	☐ Rev 10	☐ Prov 15
16	☐ Luke 16	☐ Job 22-23	☐ Rev 11	☐ Prov 16
17	☐ Luke 17	☐ Job 24-26	☐ Rev 12	☐ Prov 17
18	☐ Luke 18	☐ Job 27-28	☐ Rev 13	☐ Prov 18
19	☐ Luke 19	☐ Job 29 ☐ Ps 121	☐ Rev 14	☐ Prov 19
20	☐ Luke 20	☐ Job 30-31	☐ Rev 15	☐ Prov 20
21	☐ Luke 21	☐ Job 32-33	☐ Rev 16	☐ Prov 21
22	☐ Luke 22	☐ Job 34		☐ Prov 22
23	☐ Luke 23	☐ Job 35 ☐ Ps 6	☐ Rev 17	☐ Prov 23
24	☐ Luke 24	☐ Job 36	☐ Rev 18	☐ Prov 24
25	☐ Acts 1	☐ Job 37-38	☐ Rev 19	☐ Prov 25
26	☐ Acts 2	☐ Job 39-40		☐ Prov 26
27	☐ Acts 3	☐ Job 41-42 ☐ Gen 11	☐ Rev 20	☐ Prov 27
28	☐ Acts 4	☐ Gen 12-14	☐ Rev 21	☐ Prov 28
29	☐ Acts 5	☐ Gen 15-17	☐ Rev 22	☐ Prov 29
30	☐ Acts 6	☐ Gen 18-19 ☐ Ps 61	☐ Matt 1	☐ Prov 30
31	☐ Acts 7	☐ Gen 20-21	☐ Matt 2	☐ Prov 31

ONE-TWO PLAN

WHOLE BIBLE PLAN

NEW TESTAMENT

ADD A PROVERB A DAY

1	☐ Acts 8	☐ Gen 22–23	☐ Matt 3	☐ Prov 1
2	☐ Acts 9	☐ Gen 24	☐ Matt 4	☐ Prov 2
3	☐ Acts 10	☐ Gen 25–26		☐ Prov 3
4	☐ Acts 11	☐ Gen 27–28	☐ Matt 5	☐ Prov 4
5	☐ Acts 12	☐ Gen 29–30	☐ Matt 6	☐ Prov 5
6	☐ Acts 13	☐ Gen 31	☐ Matt 7	☐ Prov 6
7	☐ Acts 14	☐ Gen 32–33	☐ Matt 8	☐ Prov 7
8	☐ Acts 15	☐ Gen 34–35	☐ Matt 9	☐ Prov 8
9	☐ Acts 16	☐ Gen 36	☐ Matt 10	☐ Prov 9
10	☐ Acts 17	☐ Gen 37–38	☐ Matt 11	☐ Prov 10
11	☐ Acts 18	☐ Gen 39–40	☐ Matt 12	☐ Prov 11
12	☐ Acts 19	☐ Gen 41	☐ Matt 13	☐ Prov 12
13	☐ Acts 20	☐ Gen 42–43		☐ Prov 13
14	☐ Acts 21	☐ Gen 44–45	☐ Matt 14	☐ Prov 14
15	☐ Acts 22	☐ Gen 46–47	☐ Matt 15	☐ Prov 15
16	☐ Acts 23	☐ Gen 48–49	☐ Matt 16	☐ Prov 16
17	☐ Acts 24	☐ Gen 50 ☐ Ex 1 ☐ Ps 140	☐ Matt 17	☐ Prov 17
18	☐ Acts 25	☐ Ex 2–3	☐ Matt 18	☐ Prov 18
19	☐ Acts 26	☐ Ex 4–5	☐ Matt 19	☐ Prov 19
20	☐ Acts 27	☐ Ex 6–7	☐ Matt 20	☐ Prov 20
21	☐ Acts 28	☐ Ex 8–9	☐ Matt 21	☐ Prov 21
22	☐ Rom 1	☐ Ex 10–11 ☐ Ps 31	☐ Matt 22	☐ Prov 22
23	☐ Rom 2	☐ Ex 12–13		☐ Prov 23
24	☐ Rom 3	☐ Ex 14–15	☐ Matt 23	☐ Prov 24
25	☐ Rom 4	☐ Ex 16–17 ☐ Ps 24	☐ Matt 24	☐ Prov 25
26	☐ Rom 5	☐ Ex 18–19 ☐ Ps 19	☐ Matt 25	☐ Prov 26
27	☐ Rom 6	☐ Ex 20 ☐ Ps 119:1–48	☐ Matt 26	☐ Prov 27
28	☐ Rom 7	☐ Ex 21 ☐ Ps 119:49–96		☐ Prov 28

ONE-TWO PLAN

WHOLE BIBLE PLAN

NEW TESTAMENT

ADD A PROVERB A DAY

1	☐ Rom 8	☐ Ex 22 ☐ Ps 119:97–136		☐ Prov 1
2	☐ Rom 9	☐ Ex 23 ☐ Ps 119:137–176		☐ Prov 2
3	☐ Rom 10	☐ Ex 24–25 ☐ Ps 129	☐ Matt 27	☐ Prov 3
4	☐ Rom 11	☐ Ex 26–27	☐ Matt 28	☐ Prov 4
5	☐ Rom 12	☐ Ex 28–29		☐ Prov 5
6	☐ Rom 13	☐ Ex 30–31 ☐ Ps 132		☐ Prov 6
7	☐ Rom 14	☐ Ex 32–33 ☐ Ps 1		☐ Prov 7
8	☐ Rom 15	☐ Ex 34–35		☐ Prov 8
9	☐ Rom 16	☐ Ex 36–37		☐ Prov 9
10	☐ John 1	☐ Ex 38–39		☐ Prov 10
11	☐ John 2	☐ Ex 40–Lev 1		☐ Prov 11
12	☐ John 3	☐ Lev 2–4		☐ Prov 12
13	☐ John 4	☐ Lev 5–6		☐ Prov 13
14	☐ John 5	☐ Lev 7–8		☐ Prov 14
15	☐ John 6	☐ Lev 9–10		☐ Prov 15
16	☐ John 7	☐ Lev 11–12		☐ Prov 16
17	☐ John 8	☐ Lev 13		☐ Prov 17
18	☐ John 9	☐ Lev 14		☐ Prov 18
19	☐ John 10	☐ Lev 15 ☐ Ps 103		☐ Prov 19
20	☐ John 11	☐ Lev 16–17		☐ Prov 20
21	☐ John 12	☐ Lev 18–19		☐ Prov 21
22	☐ John 13	☐ Lev 20–21		☐ Prov 22
23	☐ John 14	☐ Lev 22–23		☐ Prov 23
24	☐ John 15	☐ Lev 24–25		☐ Prov 24
25	☐ John 16	☐ Lev 26 ☐ Ps 12		☐ Prov 25
26	☐ John 17	☐ Lev 27 ☐ Ps 136		☐ Prov 26
27	☐ John 18	☐ Num 1		☐ Prov 27
28	☐ John 19	☐ Num 2 ☐ Ps 46		☐ Prov 28
29	☐ John 20	☐ Num 3 ☐ Ps 67		☐ Prov 29
30	☐ John 21	☐ Num 4 ☐ Ps 21		☐ Prov 30
31	☐ 1 Cor 1	☐ Num 5–6		☐ Prov 31

ONE-TWO PLAN

WHOLE BIBLE PLAN

NEW TESTAMENT

ADD A PROVERB A DAY

1	☐ 1 Cor 2	☐ Num 7		☐ Prov 1
2	☐ 1 Cor 3	☐ Num 8–10		☐ Prov 2
3	☐ 1 Cor 4	☐ Num 11–12 ☐ Ps 148	☐ Mark 1	☐ Prov 3
4	☐ 1 Cor 5	☐ Num 13–14 ☐ Ps 81		☐ Prov 4
5	☐ 1 Cor 6	☐ Num 15 ☐ Ps 90	☐ Mark 2	☐ Prov 5
6	☐ 1 Cor 7	☐ Num 16		☐ Prov 6
7	☐ 1 Cor 8	☐ Num 17–18 ☐ Ps 73	☐ Mark 3	☐ Prov 7
8	☐ 1 Cor 9	☐ Num 19–20 ☐ Ps 47	☐ Mark 4	☐ Prov 8
9	☐ 1 Cor 10	☐ Num 21 ☐ Ps 49		☐ Prov 9
10	☐ 1 Cor 11	☐ Num 22 ☐ Ps 84	☐ Mark 5	☐ Prov 10
11	☐ 1 Cor 12	☐ Num 23–24	☐ Mark 6	☐ Prov 11
12	☐ 1 Cor 13	☐ Num 25–26		☐ Prov 12
13	☐ 1 Cor 14	☐ Num 27–28		☐ Prov 13
14	☐ 1 Cor 15	☐ Num 29		☐ Prov 14
15	☐ 1 Cor 16	☐ Num 30–31		☐ Prov 15
16	☐ 2 Cor 1	☐ Num 32 ☐ Ps 74		☐ Prov 16
17	☐ 2 Cor 2	☐ Num 33 ☐ Ps 65	☐ Mark 7	☐ Prov 17
18	☐ 2 Cor 3	☐ Num 34–36		☐ Prov 18
19	☐ 2 Cor 4	☐ Deut 1–2		☐ Prov 19
20	☐ 2 Cor 5	☐ Deut 3–4		☐ Prov 20
21	☐ 2 Cor 6	☐ Deut 5–6 ☐ Ps 64	☐ Mark 8	☐ Prov 21
22	☐ 2 Cor 7	☐ Deut 7–8 ☐ Ps 139	☐ Mark 9	☐ Prov 22
23	☐ 2 Cor 8	☐ Deut 9–10 ☐ Ps 143	☐ Mark 10	☐ Prov 23
24	☐ 2 Cor 9	☐ Deut 11–13		☐ Prov 24
25	☐ 2 Cor 10	☐ Deut 14–15 ☐ Ps 88		☐ Prov 25
26	☐ 2 Cor 11	☐ Deut 16–17 ☐ Ps 2	☐ Mark 11	☐ Prov 26
27	☐ 2 Cor 12	☐ Deut 18–20	☐ Mark 12	☐ Prov 27
28	☐ 2 Cor 13	☐ Deut 21–22 ☐ Ps 145		☐ Prov 28
29	☐ Gal 1	☐ Deut 23–24 ☐ Ps 91	☐ Mark 13	☐ Prov 29
30	☐ Gal 2	☐ Deut 25–27	☐ Mark 14	☐ Prov 30

ONE-TWO PLAN

WHOLE BIBLE PLAN

NEW TESTAMENT

ADD A PROVERB A DAY

1	☐ Gal 3	☐ Deut 28		☐ Prov 1
2	☐ Gal 4	☐ Deut 29–30 ☐ Ps 15	☐ Mark 15	☐ Prov 2
3	☐ Gal 5	☐ Deut 31–32		☐ Prov 3
4	☐ Gal 6	☐ Deut 33–34 ☐ Ps 94		☐ Prov 4
5	☐ Eph 1	☐ Josh 1–3		☐ Prov 5
6	☐ Eph 2	☐ Josh 4–5 ☐ Ps 71	☐ Mark 16	☐ Prov 6
7	☐ Eph 3	☐ Josh 6–7		☐ Prov 7
8	☐ Eph 4	☐ Josh 8–9		☐ Prov 8
9	☐ Eph 5	☐ Josh 10–11		☐ Prov 9
10	☐ Eph 6	☐ Josh 12–13		☐ Prov 10
11	☐ Phil 1	☐ Josh 14–15		☐ Prov 11
12	☐ Phil 2	☐ Josh 16–18		☐ Prov 12
13	☐ Phil 3	☐ Josh 19–20 ☐ Ps 53		☐ Prov 13
14	☐ Phil 4	☐ Josh 21–22		☐ Prov 14
15	☐ Col 1	☐ Josh 23–24 ☐ Ps 99		☐ Prov 15
16	☐ Col 2	☐ Judg 1–2 ☐ Ps 133		☐ Prov 16
17	☐ Col 3	☐ Judg 3–4 ☐ Ps 14		☐ Prov 17
18	☐ Col 4	☐ Judg 5–6		☐ Prov 18
19	☐ 1 Th 1–2	☐ Judg 7–8		☐ Prov 19
20	☐ 1 Th 3–4	☐ Judg 9–10		☐ Prov 20
21	☐ 1 Th 5	☐ Judg 11–13		☐ Prov 21
22	☐ 2 Th 1–2	☐ Judg 14–17		☐ Prov 22
23	☐ 2 Th 3	☐ Judg 18–20		☐ Prov 23
24	☐ Matt 1	☐ Judg 21 ☐ Ruth 1–2		☐ Prov 24
25	☐ Matt 2	☐ Ruth 3–4 ☐ Ps 68		☐ Prov 25
26	☐ Matt 3	☐ 1 Sam 1–3		☐ Prov 26
27	☐ Matt 4	☐ 1 Sam 4–7		☐ Prov 27
28	☐ Matt 5	☐ 1 Sam 8–9		☐ Prov 28
29	☐ Matt 6	☐ 1 Sam 10–12		☐ Prov 29
30	☐ Matt 7	☐ 1 Sam 13–14		☐ Prov 30
31	☐ Matt 8	☐ 1 Sam 15–16		☐ Prov 31

ONE-TWO PLAN

WHOLE BIBLE PLAN

NEW TESTAMENT

ADD A PROVERB A DAY

1	○ Matt 9	○ 1 Sam 17 ○ Ps 144		○ Prov 1
2	○ Matt 10	○ 1 Sam 18–19 ○ Ps 59		○ Prov 2
3	○ Matt 11	○ 1 Sam 20 ○ Ps 83		○ Prov 3
4	○ Matt 12	○ 1 Sam 21 ○ Ps 34, 56		○ Prov 4
5	○ Matt 13	○ 1 Sam 22 ○ Ps 52, 57, 63, 142		○ Prov 5
6	○ Matt 14	○ 1 Sam 23–24 ○ Ps 54		○ Prov 6
7	○ Matt 15	○ 1 Chr 1		○ Prov 7
8	○ Matt 16	○ 1 Chr 2 ○ Ps 87		○ Prov 8
9	○ Matt 17	○ 1 Sam 25 ○ 1 Chr 3		○ Prov 9
10	○ Matt 18	○ 1 Sam 26 ○ 1 Chr 4		○ Prov 10
11	○ Matt 19	○ 1 Sam 27–28 ○ 1 Chr 5		○ Prov 11
12	○ Matt 20	○ 1 Chr 6		○ Prov 12
13	○ Matt 21	○ 1 Sam 29 ○ 1 Chr 7		○ Prov 13
14	○ Matt 22	○ 1 Sam 30 ○ 1 Chr 8		○ Prov 14
15	○ Matt 23	○ 1 Sam 31 ○ 1 Chr 9–10		○ Prov 15
16	○ Matt 24	○ 2 Sam 1 ○ Ps 85		○ Prov 16
17	○ Matt 25	○ 2 Sam 2 ○ 1 Chr 11		○ Prov 17
18	○ Matt 26	○ 2 Sam 3		○ Prov 18
19	○ Matt 27	○ 2 Sam 4 ○ Ps 22		○ Prov 19
20	○ Matt 28	○ 1 Chr 12 ○ Ps 37		○ Prov 20
21	○ 1 Tim 1	○ 2 Sam 5 ○ 1 Chr 13–14 ○ Ps 30	○ Luke 1	○ Prov 21
22	○ 1 Tim 2–3	○ 2 Sam 6 ○ 1 Chr 15 ○ Ps 122		○ Prov 22
23	○ 1 Tim 4	○ 1 Chr 16 ○ Ps 105		○ Prov 23
24	○ 1 Tim 5	○ 2 Sam 7 ○ 1 Chr 17 ○ Ps 23		○ Prov 24
25	○ 1 Tim 6	○ 2 Sam 8 ○ 1 Chr 18 ○ Ps 60		○ Prov 25
26	○ 2 Tim 1	○ 2 Sam 10 ○ 1 Chr 19–20 ○ Ps 107		○ Prov 26
27	○ 2 Tim 2	○ 2 Sam 11–12 ○ Ps 51		○ Prov 27
28	○ 2 Tim 3	○ 2 Sam 13–14	○ Luke 2	○ Prov 28
29	○ 2 Tim 4	○ 2 Sam 15 ○ Ps 3 ○ Ps 89		○ Prov 29
30	○ Titus 1	○ 2 Sam 16–18 ○ Ps 7 ○ Ps 41		○ Prov 30

ONE-TWO PLAN

WHOLE BIBLE PLAN

NEW TESTAMENT

ADD A PROVERB A DAY

1	○ Titus 2	○ 2 Sam 19–21		○ Prov 1
2	○ Titus 3	○ 2 Sam 22 ○ Ps 18		○ Prov 2
3	○ Philemon	○ 2 Sam 23–24 ○ 1 Chr 21		○ Prov 3
4	○ Heb 1	○ 1 Chr 22–24		○ Prov 4
5	○ Heb 2	○ 1 Chr 25–26 ○ Ps 62	○ Luke 3	○ Prov 5
6	○ Heb 3	○ 1 Kg 1 ○ 1 Chr 27		○ Prov 6
7	○ Heb 4	○ 1 Kg 2 ○ 1 Chr 28–29		○ Prov 7
8	○ Heb 5	○ 1 Kg 3 ○ 2 Chr 1 ○ Ps 72	○ Luke 4	○ Prov 8
9	○ Heb 6	○ 1 Kg 4 ○ Ps 9	○ Luke 5	○ Prov 9
10	○ Heb 7	○ 1 Kg 5–6 ○ 2 Chr 2–3		○ Prov 10
11	○ Heb 8	○ 1 Kg 7 ○ 2 Chr 4	○ Luke 6	○ Prov 11
12	○ Heb 9	○ 1 Kg 8 ○ 2 Chr 5		○ Prov 12
13	○ Heb 10	○ 2 Chr 6–7 ○ Ps 127		○ Prov 13
14	○ Heb 11	○ 1 Kg 9 ○ 2 Chr 8	○ Luke 7	○ Prov 14
15	○ Heb 12	○ 1 Kg 10 ○ 2 Chr 9		○ Prov 15
16	○ Heb 13	○ Prov 1–2 ○ Ps 128	○ Luke 8	○ Prov 16
17	○ James 1	○ Prov 3–4		○ Prov 17
18	○ James 2	○ Prov 5–6	○ Luke 9	○ Prov 18
19	○ James 3	○ Prov 7–8 ○ Ps 123	○ Luke 10	○ Prov 19
20	○ James 4	○ Prov 9–11		○ Prov 20
21	○ James 5	○ Prov 12–13 ○ Ps 149	○ Luke 11	○ Prov 21
22	○ 1 Pet 1	○ Prov 14–15		○ Prov 22
23	○ 1 Pet 2	○ Prov 16–17	○ Luke 12	○ Prov 23
24	○ 1 Pet 3	○ Prov 18–19 ○ Ps 16	○ Luke 13	○ Prov 24
25	○ 1 Pet 4	○ Prov 20–21 ○ Ps 11		○ Prov 25
26	○ 1 Pet 5	○ Prov 22–23 ○ Ps 101	○ Luke 14	○ Prov 26
27	○ 2 Pet 1	○ Prov 24–25	○ Luke 15	○ Prov 27
28	○ 2 Pet 2	○ Prov 26–27 ○ Ps 98		○ Prov 28
29	○ 2 Pet 3	○ Prov 28–29 ○ Ps 48		○ Prov 29
30	○ 1 John 1	○ Prov 30–31 ○ Ps 96		○ Prov 30
31	○ 1 John 2	○ Song 1–4		○ Prov 31

ONE-TWO PLAN

WHOLE BIBLE PLAN

NEW TESTAMENT

ADD A PROVERB A DAY

1	○ 1 John 3	○ Song 5–8 ○ Ps 13		○ Prov 1
2	○ 1 John 4	○ 1 Kg 11 ○ Eccl 1	○ Luke 16	○ Prov 2
3	○ 1 John 5	○ Eccl 2–4	○ Luke 17	○ Prov 3
4	○ 2–3 John	○ Eccl 5–7		○ Prov 4
5	○ Jude	○ Eccl 8–10 ○ Ps 150	○ Luke 18	○ Prov 5
6	○ Rev 1	○ Eccl 11–12 ○ Ps 106		○ Prov 6
7	○ Rev 2	○ 1 Kg 12 ○ 2 Chr 10 ○ Ps 125	○ Luke 19	○ Prov 7
8	○ Rev 3	○ 1 Kg 13 ○ 2 Chr 11 ○ Ps 130	○ Luke 20	○ Prov 8
9	○ Rev 4–5	○ 1 Kg 14 ○ 2 Chr 12–13		○ Prov 9
10	○ Rev 6	○ 1 Kg 15 ○ 2 Chr 14–16		○ Prov 10
11	○ Rev 7	○ 1 Kg 16–17 ○ Ps 76	○ Luke 21	○ Prov 11
12	○ Rev 8–9	○ 1 Kg 18–19		○ Prov 12
13	○ Rev 10–11	○ 1 Kg 20–21		○ Prov 13
14	○ Rev 12	○ 1 Kg 22 ○ 2 Chr 17	○ Luke 22	○ Prov 14
15	○ Rev 13	○ 2 Kg 1 ○ 2 Chr 18–19 ○ Ps 70		○ Prov 15
16	○ Rev 14	○ 2 Kg 2–4		○ Prov 16
17	○ Rev 15–16	○ 2 Kg 5 ○ 2 Chr 20		○ Prov 17
18	○ Rev 17	○ 2 Kg 6–7 ○ Ps 115	○ Luke 23	○ Prov 18
19	○ Rev 18	○ 2 Kg 8 ○ 2 Chr 21 ○ Ps 27	○ Luke 24	○ Prov 19
20	○ Rev 19	○ 2 Kg 9–10		○ Prov 20
21	○ Rev 20	○ 2 Chr 22–23 ○ Ps 69		○ Prov 21
22	○ Rev 21	○ 2 Kg 11–12 ○ 2 Chr 24		○ Prov 22
23	○ Rev 22	○ Joel 1–3		○ Prov 23
24	○ Mark 1	○ Jonah 1–4		○ Prov 24
25	○ Mark 2	○ 2 Kg 13 ○ Ps 104		○ Prov 25
26	○ Mark 3	○ 2 Kg 14 ○ 2 Chr 25		○ Prov 26
27	○ Mark 4	○ Amos 1–3		○ Prov 27
28	○ Mark 5	○ Amos 4–6		○ Prov 28
29	○ Mark 6	○ Amos 7–9		○ Prov 29
30	○ Mark 7	○ Isa 1–2		○ Prov 30
31	○ Mark 8	○ Isa 3–5		○ Prov 31

SEPTEMBER

ONE-TWO PLAN

WHOLE BIBLE PLAN

NEW TESTAMENT

ADD A PROVERB A DAY

1	○ Mark 9	○ 2 Chr 26 ○ Isa 6–7		○ Prov 1
2	○ Mark 10	○ 2 Kg 15 ○ 2 Chr 27		○ Prov 2
3	○ Mark 11	○ Hos 1–3 ○ Ps 92		○ Prov 3
4	○ Mark 12	○ Hos 4–7		○ Prov 4
5	○ Mark 13	○ Hos 8–11		○ Prov 5
6	○ Mark 14	○ Hos 12–13		○ Prov 6
7	○ Mark 15	○ Hos 14 ○ Micah 1–2 ○ Ps 29		○ Prov 7
8	○ Mark 16	○ Micah 3–4 ○ Ps 109		○ Prov 8
9	○ John 1	○ Micah 5–7		○ Prov 9
10	○ John 2	○ Isa 8–9 ○ Ps 39	○ 1 Cor 1	○ Prov 10
11	○ John 3	○ Isa 10–12		○ Prov 11
12	○ John 4	○ Isa 13–14		○ Prov 12
13	○ John 5	○ Isa 15–17	○ 1 Cor 2	○ Prov 13
14	○ John 6	○ Isa 18–19		○ Prov 14
15	○ John 7	○ Isa 20–21 ○ Ps 32	○ 1 Cor 3	○ Prov 15
16	○ John 8	○ Isa 22–23		○ Prov 16
17	○ John 9	○ Isa 24–25 ○ Ps 42	○ 1 Cor 4	○ Prov 17
18	○ John 10	○ Isa 26–28		○ Prov 18
19	○ John 11	○ Isa 29–30		○ Prov 19
20	○ John 12	○ Isa 31–32 ○ Ps 138	○ 1 Cor 5	○ Prov 20
21	○ John 13	○ Isa 33–34 ○ Ps 4	○ 1 Cor 6	○ Prov 21
22	○ John 14	○ 2 Kg 16 ○ 2 Chr 28 ○ Ps 113	○ 1 Cor 7	○ Prov 22
23	○ John 15	○ 2 Kg 17 ○ Isa 35 ○ Ps 8	○ 1 Cor 8	○ Prov 23
24	○ John 16	○ 2 Kg 18 ○ 2 Chr 29		○ Prov 24
25	○ John 17	○ 2 Chr 30–31	○ 1 Cor 9	○ Prov 25
26	○ John 18	○ Isa 36–37		○ Prov 26
27	○ John 19	○ 2 Kg 19 ○ 2 Chr 32		○ Prov 27
28	○ John 20	○ 2 Kg 20 ○ Isa 38–39 ○ Ps 134	○ 1 Cor 10	○ Prov 28
29	○ John 21	○ Isa 40–41	○ 1 Cor 11	○ Prov 29
30	○ Acts 1	○ Isa 42–43 ○ Ps 82	○ 1 Cor 12	○ Prov 30

ONE-TWO PLAN

WHOLE BIBLE PLAN

NEW TESTAMENT

ADD A PROVERB A DAY

1	☐ Acts 2	☐ Isa 44–45		☐ Prov 1
2	☐ Acts 3	☐ Isa 46–47 ☐ Ps 35	☐ 1 Cor 13	☐ Prov 2
3	☐ Acts 4	☐ Isa 48–49	☐ 1 Cor 14	☐ Prov 3
4	☐ Acts 5	☐ Isa 50–51 ☐ Ps 58	☐ 1 Cor 15	☐ Prov 4
5	☐ Acts 6	☐ Isa 52–54 ☐ Ps 102	☐ 1 Cor 16	☐ Prov 5
6	☐ Acts 7	☐ Isa 55–57		☐ Prov 6
7	☐ Acts 8	☐ Isa 58–59 ☐ Ps 5	☐ 2 Cor 1	☐ Prov 7
8	☐ Acts 9	☐ Isa 60–61 ☐ Ps 111	☐ 2 Cor 2	☐ Prov 8
9	☐ Acts 10	☐ Isa 62–64		☐ Prov 9
10	☐ Acts 11	☐ Isa 65–66 ☐ Ps 124	☐ 2 Cor 3	☐ Prov 10
11	☐ Acts 12	☐ 2 Kg 21 ☐ 2 Chr 33 ☐ Ps 75	☐ 2 Cor 4	☐ Prov 11
12	☐ Acts 13	☐ Nahum 1–3		☐ Prov 12
13	☐ Acts 14	☐ 2 Kg 22 ☐ 2 Chr 34		☐ Prov 13
14	☐ Acts 15	☐ 2 Kg 23 ☐ 2 Chr 35		☐ Prov 14
15	☐ Acts 16	☐ Hab 1–3		☐ Prov 15
16	☐ Acts 17	☐ Zeph 1–3	☐ 2 Cor 5	☐ Prov 16
17	☐ Acts 18	☐ Jer 1–2		☐ Prov 17
18	☐ Acts 19	☐ Jer 3–4		☐ Prov 18
19	☐ Acts 20	☐ Jer 5–6		☐ Prov 19
20	☐ Acts 21	☐ Jer 7–8		☐ Prov 20
21	☐ Acts 22	☐ Jer 9–10 ☐ Ps 100	☐ 2 Cor 6	☐ Prov 21
22	☐ Acts 23	☐ Jer 11–12 ☐ Ps 97	☐ 2 Cor 7	☐ Prov 22
23	☐ Acts 24	☐ Jer 13–14 ☐ Ps 141	☐ 2 Cor 8	☐ Prov 23
24	☐ Acts 25	☐ Jer 15–16 ☐ Ps 10	☐ 2 Cor 9	☐ Prov 24
25	☐ Acts 26	☐ Jer 17–18	☐ 2 Cor 10	☐ Prov 25
26	☐ Acts 27	☐ Jer 19–20 ☐ Ps 146	☐ 2 Cor 11	☐ Prov 26
27	☐ Acts 28	☐ 2 Kg 24 ☐ Jer 22 ☐ Ps 43	☐ 2 Cor 12	☐ Prov 27
28	☐ Rom 1	☐ Jer 23, 25		☐ Prov 28
29	☐ Rom 2	☐ Jer 26, 35–36		☐ Prov 29
30	☐ Rom 3	☐ Jer 45–47 ☐ Ps 86	☐ 2 Cor 13	☐ Prov 30
31	☐ Rom 4	☐ Jer 48–49		☐ Prov 31

NOVEMBER

ONE-TWO PLAN

WHOLE BIBLE PLAN

NEW TESTAMENT

ADD A PROVERB A DAY

1	○ Rom 5	○ Jer 21, 24, 27 ○ Ps 33		○ Prov 1
2	○ Rom 6	○ Jer 28–29 ○ Ps 17		○ Prov 2
3	○ Rom 7	○ Jer 30–31		○ Prov 3
4	○ Rom 8	○ Jer 32–33		○ Prov 4
5	○ Rom 9	○ Jer 34 ○ Jer 37–38		○ Prov 5
6	○ Rom 10	○ Jer 39 ○ Jer 50	○ Col 1	○ Prov 6
7	○ Rom 11	○ Jer 51		○ Prov 7
8	○ Rom 12	○ Jer 52 ○ Ezek 1	○ Col 2	○ Prov 8
9	○ Rom 13	○ Ezek 2–5	○ Col 3	○ Prov 9
10	○ Rom 14	○ Ezek 6–8 ○ Ps 117	○ Col 4	○ Prov 10
11	○ Rom 15	○ Ezek 9–11		○ Prov 11
12	○ Rom 16	○ Ezek 12–14		○ Prov 12
13	○ Gal 1	○ Ezek 15–16		○ Prov 13
14	○ Gal 2	○ Ezek 17–18 ○ Ps 20		○ Prov 14
15	○ Gal 3	○ Ezek 19–20		○ Prov 15
16	○ Gal 4	○ Ezek 21–22		○ Prov 16
17	○ Gal 5	○ Ezek 23–24		○ Prov 17
18	○ Gal 6	○ Ezek 25–26 ○ Ps 118	○ 1 Th 1	○ Prov 18
19	○ Eph 1	○ Ezek 27–28	○ 1 Th 2	○ Prov 19
20	○ Eph 2	○ Ezek 29–30 ○ Ps 147	○ 1 Th 3	○ Prov 20
21	○ Eph 3	○ Ezek 31–32 ○ Ps 45	○ 1 Th 4	○ Prov 21
22	○ Eph 4	○ 2 Kg 25 ○ 2 Chr 36	○ 1 Th 5	○ Prov 22
23	○ Eph 5	○ Jer 40–41 ○ Ps 38		○ Prov 23
24	○ Eph 6	○ Jer 42–44		○ Prov 24
25	○ Phil 1	○ Lam 1–2 ○ Ps 79		○ Prov 25
26	○ Phil 2	○ Lam 3		○ Prov 26
27	○ Phil 3	○ Lam 4–5 ○ Obadiah		○ Prov 27
28	○ Phil 4	○ Dan 1–2 ○ Ps 137		○ Prov 28
29	○ 1 Tim 1	○ Dan 3–4	○ 2 Th 1	○ Prov 29
30	○ 1 Tim 2	○ Ezek 33–34 ○ Ps 114	○ 2 Th 2	○ Prov 30

DECEMBER

ONE-TWO PLAN

WHOLE BIBLE PLAN

NEW TESTAMENT

ADD A PROVERB A DAY

1	○ 1 Tim 3	○ Ezek 35–36 ○ Ps 77	○ 2 Th 3	○ Prov 1
2	○ 1 Tim 4	○ Ezek 37–38 ○ Ps 44		○ Prov 2
3	○ 1 Tim 5	○ Ezek 39–40		○ Prov 3
4	○ 1 Tim 6	○ Ezek 41–42 ○ Ps 135		○ Prov 4
5	○ 2 Tim 1	○ Ezek 43–44 ○ Ps 112	○ Titus 1	○ Prov 5
6	○ 2 Tim 2	○ Ezek 45–46 ○ Ps 36	○ Titus 2	○ Prov 6
7	○ 2 Tim 3	○ Ezek 47–48 ○ Ps 26	○ Titus 3	○ Prov 7
8	○ 2 Tim 4	○ Dan 5–6 ○ Ps 131	○ Philemon	○ Prov 8
9	○ Heb 1	○ Dan 7–8 ○ Ps 116		○ Prov 9
10	○ Heb 2	○ Dan 9–10 ○ Ps 50		○ Prov 10
11	○ Heb 3	○ Dan 11–12 ○ Ps 95		○ Prov 11
12	○ Heb 4	○ Ezra 1–2		○ Prov 12
13	○ Heb 5	○ Ezra 3–4 ○ Hag 1–2		○ Prov 13
14	○ Heb 6	○ Zech 1–3 ○ Ps 55		○ Prov 14
15	○ Heb 7	○ Zech 4–6 ○ Ps 66	○ 1 Pet 1	○ Prov 15
16	○ Heb 8	○ Zech 7–9 ○ Ps 25	○ 1 Pet 2	○ Prov 16
17	○ Heb 9	○ Zech 10–12 ○ Ps 40	○ 1 Pet 3	○ Prov 17
18	○ Heb 10	○ Zech 13–14 ○ Ps 80	○ 1 Pet 4	○ Prov 18
19	○ Heb 11	○ Ezra 5–6 ○ Ps 110	○ 1 Pet 5	○ Prov 19
20	○ Heb 12	○ Esther 1–2 ○ Ps 108		○ Prov 20
21	○ Heb 13	○ Esther 3–6 ○ Ps 126		○ Prov 21
22	○ James 1	○ Esther 7–10		○ Prov 22
23	○ James 2	○ Ezra 7–8		○ Prov 23
24	○ James 3	○ Ezra 9–10 ○ Ps 28	○ 2 Pet 1	○ Prov 24
25	○ James 4	○ Neh 1–3 ○ Ps 120	○ 2 Pet 2	○ Prov 25
26	○ James 5	○ Neh 4–6 ○ Ps 93	○ 2 Pet 3	○ Prov 26
27	○ 1 John 1	○ Neh 7–8		○ Prov 27
28	○ 1 John 2	○ Neh 9–10		○ Prov 28
29	○ 1 John 3	○ Neh 11–12		○ Prov 29
30	○ 1 John 4	○ Neh 13 ○ Mal 1–2	○ 2 John	○ Prov 30
31	○ 1 John 5	○ Mal 3–4 ○ Ps 78	○ 3 John	○ Prov 31

JOURNALING

WHY DO WE JOURNAL?

In **Luke 6:47–48**, Jesus said there are **three steps** to become a solid life: 1) Come to Jesus, 2) Hear His sayings, and 3) Do them. Jesus was not giving three steps to being born again, but three steps to being a solid life.

Coming to Jesus, hearing Him and doing what He says must become the **lifestyle** of every solid believer.

1. We **come to Jesus** on a daily basis by spending time with Him through His Word and studying the Word through teachings.
2. We **hear His sayings** by listening to what He is saying to us through His Word; and when we hear, we write it down.
3. We **do what He says** by: 1) prayerfully committing ourselves to doing these things, 2) making any necessary changes in our lives, and 3) referencing often what He said to make sure we are diligently following through.

Below you will find a few simple steps about how to use a paper or digital journal to capture what God is speaking to you so that you can easily reference it and apply it to your life.

HOW TO JOURNAL

Read the chapters for today's date in the reading plan you have selected, and then find a blank journal page. Capture what the Lord is speaking to you using the acronym "SOAP."

Scripture—write the verse(s) through which Jesus is (or may be) speaking

Observation—write the truth or insight you see in the verse(s)

Application—write how the truth or insight applies to your life

Prayer—write a prayer/response to God

Finally, remember to **follow Jesus** by applying the things He said to your life.

May you be a **lifelong disciple of Jesus** as you read, journal, and apply what God is saying to you!

EXAMPLE

Following Jesus: Come Hear Do!

11/126

Scripture: "But why do you call Me Lord, Lord and not do the things which I say? Whoever comes to Me, and hears... and does... He is like a man... who dug deep and laid the foundation on the rock... and the flood... could not shake it..." Luke 6:46-49

Observation: Jesus explains that there are three steps to becoming a solid life 1) come to Him, 2) hear His sayings, and 3) do them. The person who "hears," but doesn't "do," is as vulnerable to life's storms as a house with no foundation.

Application: I need to come to Jesus, not just for salvation, but often, through reading my Bible, prayer, attending Church, and listening to other teachings so that I continually hear His sayings. I need to join an accountability group to be encouraged and held accountable to "do" what I am hearing.

Prayer: Father, I commit to read my Bible and journal every day. I choose to attend Church regularly and listen attentively. Help me to connect with a group of people that I can really talk to and who will hold me accountable for what Jesus says to me. In Jesus' name. Amen.